

## Pro Power Multi Gym Assembly Manual

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Connect the Main Base (1) and the Rear Stabiliser together using 2 x M10 x 65mm Hex Bolts (29), 4 x M10 Flat Washers (38) and 2 x M10 Nylon Locknuts (35). 3). Lay the Footplate (18) onto the front of the Main Base and lock in position with the Footplate Lock Pin (43). 4).

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Assembly instructions Step 1 a. Insert the Guide rods (18) into the holes on the Rear stabilizer (4). Fix using 2 x M10 x 25mm Allen bolts (64) and 2 x Ø10mm Washers (75). b. Slide 2 x Ø61mm Rubber bumpers (44) down onto Guide rods (18). Page 10: Assembly Instructions Assembly instructions Step 2 Attach the Base frame (1) to the Rear stabilizer (4).

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